



Fall 2011 Calendar of Programs

The Autism Project supports children with Autism Spectrum Disorders and their families through specially designed programs, opportunities for inclusion, information and referral, support groups, workshops and trainings and new services for unaddressed needs.

*All families are required to pay a \$25 annual membership fee to receive the member rate.

PARENT SUPPORT GROUPS

Parent Connections

When: 2nd Friday of every month.

Time: 12:45pm to 1:45pm

Where: Kennedy Center Playroom, 2440 Reservoir Avenue, Trumbull

Padres Latinos

Parent group facilitated in Spanish.

When: 2nd Friday of every month.

Time: 11:30pm to 12:30pm

Where: Kennedy Center Playroom, 2440 Reservoir Avenue, Trumbull

(*Parent Support Groups are free of charge). To confirm your attendance please contact Rose Abréu Sánchez at 203-332-4535, ext 247 or rsanchez@kennedyctr.org

SIBLING PROGRAM

Sib Fun Night

Each participant shares the common thread of growing up with a sibling who has autism. This monthly group provides a supportive network, which fosters growth and understanding in a therapeutic, nurturing environment. Siblings **ages 7-21**, whose brother and/or sister has autism and participates in Kennedy Center Children's Services programs are welcome. Siblings will participate in expressive arts, cooking, games and activities. Dinner is included.

When: Fridays, September 30th, October 28th, November 18th, December 16th

Time: 6:00pm to 8:00pm

Where: Project Triumph, 30 Lindeman Drive, Trumbull

Cost: Member Rate-*\$25.00 per family per month Agency Rate -\$50.00 per family per month

RESPIRE PROGRAMS

Friday Night Fun

A monthly program designed to provide respite, ("free time") for families while their children have fun through expressive arts, cooking and recreational games and activities. **This program is for children, ages 7-21 who have or are currently participating in Kennedy Center Children's Services Programs.** Dinner is included.

When: Fridays, September 30th, October 28th, November 18th, December 16th

Time: 6:00pm to 8:00pm

Where: Project Strive, 30 Lindeman Drive, Trumbull

Cost: Member Rate- *\$25.00 per child per month Agency Rate- \$50.00 per child per month

Teen Night Fun

This bi-monthly program is for **students ages 15 to 19 years old who require a higher level of support and direction.** Students will have the opportunity to participate in Friday Night Fun with peers plus go on a community excursion once a month. This program has a high staff to student ratio. Dinner is provided during in-house programming. Community activities may require additional cost.

When: Fridays, Sept. 16th & 30th, Oct. 14th & 28th, Nov. 4th & 18th, Dec. 2nd & 16th

Time: 6:00pm to 8:00pm

Where: Senior Options, 30 Lindeman Drive, Trumbull

Cost: Member Rate- *\$200.00 Agency Rate- \$400.00

The Kennedy Center Autism Project Fall 2011 Programs



SOCIAL ACTIVITY PROGRAMS

For children whose social, communication and behavioral skills require direction and support, but **do not require intensive behavioral and/or physical intervention.**

These small groups provide opportunities for children to learn social skills through age appropriate activities and are facilitated by experienced staff with volunteer support.

Groups are designed to elicit and support the strengths and needs of children with varying levels of skills in the areas of independence, verbal communication and are grouped by age and ability.

Prior to registration, an intake interview is required.

An assessment of your child's strengths and needs will be completed and a group best suited for your child will be recommended.

Enrollment cannot be guaranteed.

Early Childhood Groups

Preschool Pals

Join us for a weekly program for preschool children with and without autism. Children will learn social skills through play and have opportunities to develop relationships with peers.

When: Tuesdays, **Session 1:** 9/6, 9/13, 9/20, 9/27, 10/4, 10/11, 10/18
Session 2: 10/25, 11/1, 11/8, 11/15, 11/29, 12/6, 12/13

Time: 4:00pm to 5:30pm

Where: Kennedy Center Playroom, 2440 Reservoir Avenue, Trumbull

Cost per session: Member Rate- *\$140.00 Agency Rate- \$315.00

Explorers

An early elementary program for children, ages 5 to 7, to develop social skills and relationships with peers through recreational games and activities.

When: Wednesdays, **Session 1:** 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19
Session 2: 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

Time: 4:00pm to 5:30pm

Where: Kennedy Center Playroom, 2440 Reservoir Avenue, Trumbull

AND/OR

When: Fridays, **Session 1:** 9/9, 9/16, 9/23, 9/30, 10/7, 10/14, 10/21
Session 2: 10/28, 11/4, 11/11, 11/18, 12/2, 12/9, 12/16

Time: 4:00pm to 5:30pm

Where: Kennedy Center Playroom, 2440 Reservoir Avenue, Trumbull

Cost per session: Member Rate- *\$140.00 Agency Rate-\$315.00

Registration is required and space is limited.

Contact Emma Genster at (203) 332-4535, ext. 223 or egenster@kennedyctr.org

The Kennedy Center Autism Project Fall 2011 Programs



Intermediate Groups

These uniquely designed groups elicit and support the strengths and needs of children with varying levels of skills in the areas of independence, verbal communication and are grouped by age and developmental ability. For a student whose social, communication and behavioral skills require direction and support but **do not require intensive behavioral and/or physical intervention.**

Kennedy JR

A program for **children ages 8 to 11** who need help developing their social and conversational skills and **require a higher level of support and direction.** Children are encouraged to develop relationships with peers through age appropriate activities.

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 1:30pm- 3:00pm

Where: Kennedy Center, 2440 Reservoir Avenue, Trumbull

Cost per session: **Member Rate-** *\$140.00 **Agency Rate-** \$315.00

Kennedy's KIDS

A program for **children, ages 12 to 15** who have difficulty communicating their needs verbally and **require a higher level of support and direction** with their social and communication skills. Visuals are utilized to increase success. Gluten-free, casein-free snacks are provided.

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 9:30am-11:00am

Where: Kennedy Center, 2440 Reservoir Avenue, Trumbull

Cost per session: **Member Rate-** *\$140.00 **Agency Rate-** \$315.00

Kennedy's TEENS

A program for **teens, ages 15 to 19**, who need direction and support with social skills and safety awareness, developing relationships with peers, and communicating their needs verbally.

When: Wednesdays, **Session 1:** 9/7, 9/14, 9/21, 9/28, 10/5, 10/12, 10/19
Session 2: 10/26, 11/2, 11/9, 11/16, 11/30, 12/7, 12/14

Time: 4:00pm- 5:30pm

Where: Project Strive, 30 Lindeman Drive, Trumbull

Cost per session: **Member Rate-** *\$140.00 **Agency Rate-** \$315.00

Registration is required and space is limited.

Contact Emma Genster at (203) 332-4535, ext. 223 or egenster@kennedyctr.org

The Kennedy Center Autism Project

Fall 2011 Programs



Advanced Groups

These Social Activity Groups include in-house programs and community outings that encourage inclusion and independence with direction and support, as well as building self-esteem and advocacy skills.

Advanced Social Activity Groups are **for students who attend school without para support and have independent personal care skills**. Community activities may require additional cost.

Team ELEMENT

These programs are designed for **children, ages 8 to 11**, to improve social skills, relationships with peers and conversation skills.

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 9:30 am to 11:00 am

Where: Senior Options, 30 Lindeman Drive, Trumbull

Cost per session: Member Rate- *\$140.00

Agency Rate- \$315.00

**NEW TIME &
LOCATION!**

Team POWER

A middle school readiness program for **students, ages 11 to 13**, to develop and improve their social and conversation skills with peers through “in-house” and community activities.

When: Thursdays, **Session 1:** 9/1, 9/8, 9/15, 9/22, 10/6, 10/13, 10/20
Session 2: 10/27, 11/3, 11/10, 11/17, 12/ 1, 12/8, 12/15

Time: 4:00pm to 6:00pm

Where: Project Strive, 30 Lindeman Drive, Trumbull

Cost per session: Member Rate- *\$140.00

Agency Rate- \$315.00

Team EXCEL

A high school “prep” program for **middle school students** to participate in age appropriate activities, improve social and communication skills through team building activities “in-house” and in the community.

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 11:30pm to 1:30pm

Where: Senior Options, 30 Lindeman Drive, Trumbull

Cost per session: Member Rate- *\$140.00

Agency Rate- \$315.00

Team FIRE

A program for **high school students** wanting to participate in age appropriate activities, enhance social and communication skills “in-house” and practice these skills through active participation in the community.

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 2:00pm to 4:00pm

Where: Senior Options, 30 Lindeman Drive, Trumbull

Cost per session: Member Rate- *\$140.00

Agency Rate- \$315.00

Project TEAM+

A weekly program for **young adults, 17 to 21 years old**, interested in participating in post high school activities and learning how to develop and maintain relationships as well as increase social skills in the community.

When: Thursdays, **Session 1:** 9/1, 9/8, 9/15, 9/22, 10/6, 10/13, 10/20
Session 2: 10/27, 11/3, 11/10, 11/17, 12/ 1, 12/8, 12/15

Time: 6:30pm to 9:00pm

Where: Project Strive, 30 Lindeman Drive, Trumbull

Cost per session: Member Rate- *\$140.00

Agency Rate- \$315.00



RECREATION PROGRAMS

Jump and Jive

A program for **children, ages 8 to 15**, which combines music, movement, and integrated yoga to engage children in fun activities. This program will help to increase the ability to focus on a task, improve gross motor skills, body awareness, muscle tone, motivation, and provide sensory integration.

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 11:30am-1:00pm

Where: Kennedy Center, 2440 Reservoir Avenue, Trumbull

Cost per session: Member Rate- *\$175.00 Agency Rate- \$350.00

NEW DAY & TIME!

Saturday Fun “Combos”

Saturday Fun “Combos” provide 3 1/2 hours of programming for your child. These programs offer families ample time to run errands, catch up on work or just have time to yourself. “Combos” include 30 minutes of supervised fun in between programs.

Combo #1- Kennedy’s Kids and Jump & Jive

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 9:30am-1:00pm

Where: Kennedy Center, 2440 Reservoir Avenue, Trumbull

Cost per session: Member Rate- *\$364.00 Agency Rate- \$763.00

Combo #2- Kennedy JR and Jump & Jive

When: Saturdays, **Session 1:** 9/10, 9/17, 9/24, 10/1, 10/8, 10/15, 10/22
Session 2: 10/29, 11/5, 11/12, 11/19, 12/3, 12/10, 12/17

Time: 11:30am-3:00pm

Where: Kennedy Center, 2440 Reservoir Avenue, Trumbull

Cost per session: Member Rate- *\$364.00 Agency Rate- \$763.00

The Kennedy Center Autism Project

New



“Saturday Teen Fun”

A monthly program designed to provide parents with an often much needed break while their children have fun and socialize in a safe, supportive environment. This program is designed for youth ages 13-18 with autism who require a **high level of support and direction but do not require intensive behavioral or physical intervention.**

The program includes activities such as recreational games, expressive arts, and cooking.
*Please bring a bag lunch.

If interested, please contact Rose Abreu-Sanchez at (203) 332-4535, ext. 247 or rsanchez@kennedyctr.org

***Prior to registration an intake interview is required if not currently enrolled in a Kennedy Center program.**

When: Saturdays, October 15th, November 12th & December 10th

Time: 10:00AM to 2:00PM

Where: The Kennedy Center’s Project Strive
30 Lindeman Drive, Trumbull CT

Cost per Child per Month: Member Rate - \$ 50.00 Agency rate - \$ 100.00

***Please Note** → This is a pilot program and we welcome your feedback.